

GHV HARSTON HALL #55178 (HSG)

Week-At-A-Glance

hcs1northern2021 Week 1

Sun	Mon	Tue	Wed	Thu	Fri	Sat
Breakfast:Regular						
Scrambled Eggs Blueberry Muffin - Margarine	French Toast - Margarine - Syrup Sausage Patty	Scrambled Eggs w/Cheese Biscuit - Margarine - Jelly	Egg & Hashbrown Bake Toast - Margarine - Jelly	Buttermilk Pancakes - Margarine - Syrup Bacon	Scrambled Eggs Peach Streusel Coffee Cake - Margarine	Baked Cheese Omelet Breakfast Ham Toast - Margarine - Jelly
Lunch:Regular						
Fried Chicken Tuna Salad Sandwich - Lettuce & Tomato Calico Coleslaw Marinated Cucumber & Onion Salad Ranch Style Potato Wedges Garden Pasta Salad Cornbread - Margarine Peach Pie w/Crumb Topping	Hawaiian Baked Ham Herbed Chicken Breast Sauteed Spinach w/Garlic Capri Vegetable Blend Whipped Sweet Potatoes Parsley Noodles Dinner Roll/Bread - Margarine Pineapple Tidbits	Baked Ziti w/Meatsauce Parsley Pork Chop Tossed Salad w/Dressing Sliced Carrots Mashed Potatoes Garlic Breadstick Strawberry Shortcake	BBQ Pork on a Bun Salisbury Steak - Brown Gravy Zucchini & Onions Braised Cabbage Tater Tots - Ketchup Herbed Rice Dinner Roll/Bread - Margarine Tropical Fruit Salad	Chicken Salad Sandwich on Croissant - Lettuce & Tomato Thin Crust Cheese Pizza Marinated Cucumber & Tomato Salad Tossed Salad w/Dressing Garden Pasta Salad Breadstick - Margarine Seedless Watermelon Cubes	Shrimp Scampi Baked Chicken Breast Broccoli Florets Sliced Carrots Spaghetti Noodles Mashed Potatoes Garlic Bread Chocolate Ice Cream	Chicken Pasta Primavera Hamburger on a Bun - Lettuce & Tomato - Ketchup - Pickle Spear Caesar Salad Green Pea Salad French Fries - Ketchup Parmesan Breadstick Blondie

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Dinner:Regular						
Swedish Meatballs	Turkey Sandwich	Honey Dijon Chicken	Breaded Pollock Fish	Beef Pepper Steak	Turkey Burger on a	Kielbasa Sausage
Smothered Turkey	- Lettuce & Tomato	Thigh	Fillet	w/Gravy.	Bun	Cheese Quiche
Patty	- Mayonnaise	Herb & Lemon Fish	- Tartar Sauce	Rancher's Pork Chop	- Lettuce & Tomato	Seasoned Cabbage
Green Peas	Grilled Cheese	Fillet	Sweet & Sour	Roasted Green	- Pickle Spear	Capri Vegetable Blend
Sliced Carrots	Sandwich	Sauteed Asparagus	Meatballs	Beans	- Mayonnaise	Oven Brownd
Buttered Noodles	Broccoli Salad	Cuts	Peas & Carrots	Squash Medley	Hamburger Steak	Potatoes
Buttered Rice	Marinated Green Bean	Country Vegetable	Seasoned Spinach	Garlic Mashed	w/Grilled Onions	Dinner Roll/Bread
Dinner Roll/Bread	Salad	Blend	Baked Potato	Potatoes	- Brown Gravy	- Margarine
- Margarine	Creamy Dill Macaroni	Rice Pilaf	- Margarine	Yellow Rice	Confetti Coleslaw	Mandarin Oranges
Deluxe Fruit Salad	Salad	Potato Wedges	- Sour Cream	Dinner Roll/Bread	Seasoned Whole	
	Potato Chips	- Ketchup	Egg Noodles	- Margarine	Kernel Corn (veg)	
	Savory Summer	Rosemary Dinner	Dinner Roll/Bread	Peanut Butter Cookie	Potato Wedges	
	Soup	Roll	- Margarine		- Ketchup	
	- Saltine Crackers	- Margarine	Tuxedo Cheesecake		Buttered Rice	
	Lemon Cake w/Icing	Summer Fresh Fruit	Bar		Dinner Roll/Bread	
		Cup			- Margarine	
					Fruit Cocktail	

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Sun	Mon	Tue	Wed	Thu	Fri	Sat
Breakfast:Regular						
French Toast - Margarine - Syrup Bacon	Scrambled Eggs Glazed Cinnamon Roll	Biscuit - Sausage Gravy Hashbrown	Scrambled Eggs Breakfast Ham English Muffin - Margarine - Jelly	Baked Cheese Omelet Toast - Margarine - Jelly	Western Scrambled Eggs Toast - Margarine - Jelly	Buttermilk Pancakes - Margarine - Syrup Sausage Patty
Lunch:Regular						
Roast Beef Au Jus Rotisserie Chicken Thigh Sauteed Spinach Seasoned Zucchini Garlic & Rosemary Roasted Red Skin Potatoes Buttered Rice Dinner Roll/Bread - Margarine Apple Crisp	Chicken Parmesan w/ - Spaghetti Noodles Breaded Pollock Fish Fillet - Tartar Sauce Tossed Salad w/Dressing Green Peas Tater Tots - Ketchup Garlic Breadstick Chocolate Chip Cake w/White Frosting	Garlic Herbed Pork Loin Rosemary Chicken Breast Broccoli Florets Seasoned Spinach Oven Browned Potatoes Parmesan Noodles Dinner Roll/Bread - Margarine Peach Shortcake	Homestyle Meatloaf w/Ketchup Glaze Garlic Baked Pork Chop Buttered Green Peas Sliced Carrots Au Gratin Potatoes Rice Pilaf Poppy Seed Dinner Roll - Margarine Orange Sherbet	Hot Dog on a Bun - Baked Beans - Mustard Hamburger on a Bun - Lettuce & Tomato - Ketchup - Pickle Spear Confetti Coleslaw Broccoli Salad French Fries - Ketchup Strawberries & Banana	Mediterranean Baked Fish Fillet Grilled Cheese Sandwich Sauteed Asparagus Cuts Squash Medley Rice Pilaf Tater Tots - Ketchup Dinner Roll/Bread - Margarine Summer Fresh Fruit Cup	Sweet Garlic Chicken Breast Glazed Baked Pork Chop Sugar Snap Peas Sliced Carrots Stir Fried Noodles Mashed Potatoes Dinner Roll/Bread - Margarine Sugar Cookie
Dinner:Regular						
Tuna Salad Sandwich on Croissant - Lettuce & Tomato Ham Sandwich - Lettuce & Tomato - Mayonnaise Calico Coleslaw Creamy Cucumber & Onion Salad Garden Pasta Salad Potato Chips S'more Pudding Parfait	Swiss Steak w/Gravy Baked Macaroni & Cheese Seasoned Whole Kernel Corn (veg) Baked Tomato Halves Herbed Mashed Potatoes Dinner Roll/Bread - Margarine Seedless Watermelon Cubes	Thin Crust Cheese Pizza Smothered Turkey Patty Parmesan Baked Zucchini Country Vegetable Blend Mashed Potatoes Italian Herbed Dinner Roll - Margarine Chilled Pears	Honey Glazed Turkey. - Poultry Gravy Herb Baked Fish Fillet Herbed Green Beans Whole Kernel Corn (veg) Baked Sweet Potatoes Buttered Noodles Dinner Roll/Bread - Margarine Fruit Cocktail	Marinated Chicken Thigh Cheese Quiche Honey Roasted Carrots Creamy Cucumber & Onion Salad Herbed Noodles Dinner Roll/Bread - Margarine Black Forest Cake	Baked Ziti w/Cheese Italian Sausage Caesar Salad Sauteed Spinach w/Garlic Herbed Potato Wedges Garlic Bread Butterscotch Pudding	Philly Cheesesteak Sandwich - Sauteed Peppers & Onions. Baked Chicken Breast on a Bun - Lettuce & Tomato - Mayonnaise Tossed Salad w/Dressing Marinated Cucumber & Tomato Salad French Fries - Ketchup Macaroni Salad Chilled Peach Parfait

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Breakfast:Regular						
Scrambled Eggs Blueberry Muffin - Margarine	French Toast - Margarine - Syrup Sausage Patty	Scrambled Eggs w/Cheese Biscuit - Margarine - Jelly	Buttermilk Pancakes - Margarine - Syrup Bacon	Egg & Hashbrown Bake Toast - Margarine - Jelly	Scrambled Eggs Peach Streusel Coffee Cake - Margarine	Baked Cheese Omelet Sausage Patty Toast - Margarine - Jelly
Lunch:Regular						
Cheese Ravioli w/Marinara Sauce Thyme Baked Chicken Thigh Caesar Salad Roasted Green Beans Buttered Rice Garlic Breadstick Vanilla Ice Cream	Roast Turkey - Poultry Gravy Rancher's Pork Chop Sliced Glazed Carrots Green Peas Mashed Potatoes - Poultry Gravy Parsley Noodles Dinner Roll/Bread - Margarine Marble Cake w/White Frosting	Salisbury Steak - Brown Gravy Spinach Au Gratin Whole Kernel Corn (veg) Baked Sweet Potatoes Parmesan Noodles Dinner Roll/Bread - Margarine Summer Fresh Fruit Cup	Egg Salad Sandwich on Croissant - Lettuce & Tomato Turkey Salad Sandwich - Lettuce & Tomato Tomato Basil Salad Marinated Cucumber & Onion Salad Creamy Dill Macaroni Salad Potato Chips Snickerdoodle Cookie	Beef Pepper Steak w/Gravy Lemon Pepper Chicken Breast Buttered Green Peas Seasoned Spinach Mashed Potatoes Buttered Noodles Dinner Roll/Bread - Margarine Chilled Pear Parfait	Shrimp Alfredo w/ - Spaghetti Noodles Parsley Pork Chop Steamed Asparagus Cuts Sliced Parsley Carrots Roasted Red Skin Potatoes Garlic Bread Cherry Crisp	Fried Chicken Smothered Turkey Patty Buttered Whole Kernel Corn (veg) Broccoli Florets Garlic Potato Wedges Egg Noodles Dinner Roll/Bread - Margarine Pineapple Tidbits
Dinner:Regular						
Kielbasa Sausage Baked Chicken Breast Braised Cabbage Whole Kernel Corn (veg) Garlic Roasted Red Skin Potatoes Herbed Noodles Dinner Roll/Bread - Margarine Apple Crisp	Cheeseburger on a Bun - Lettuce & Tomato - Ketchup - Pickle Spear Breaded Pollock Fish Fillet on a Bun - Tartar Sauce Confetti Coleslaw Squash Medley Tater Tots - Ketchup Buttered Noodles Tropical Fruit Salad	Cornflake Chicken Breast Thin Crust Cheese Pizza Capri Vegetable Blend Tossed Salad w/Dressing Rice Pilaf Parsley Dinner Roll - Margarine Double Chocolate Brownie	BBQ Pork Platter Marinated Chicken Thigh Zucchini & Onions Green Beans Baked Beans Seasoned Rice Cornbread - Margarine Mandarin Oranges	Butter Crumb Fish Fillet Cheese Ravioli w/Marinara Sauce Broccoli Florets Capri Vegetable Blend Cheesy Rice Dinner Roll/Bread - Margarine Lemon Cake w/Icing	Grilled Turkey & Cheese Sandwich Hamburger Steak w/Grilled Onions - Brown Gravy Creamy Cucumber & Onion Salad Country Vegetable Blend French Fries - Ketchup Buttered Rice Corn Chowder Soup - Saltine Crackers Seedless Watermelon Cubes	Meatballs w/Marinara Sauce - Marinara Sauce (oz) - Spaghetti Noodles Cheese Quiche Parmesan Baked Zucchini Seasoned Green Beans Breadstick - Margarine Chocolate Cream Pie

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Breakfast:Regular						
Scrambled Eggs Glazed Cinnamon Roll	French Toast - Margarine - Syrup Bacon	Biscuit - Sausage Gravy Hashbrown	Baked Cheese Omelet Toast - Margarine - Jelly	Scrambled Eggs Breakfast Ham English Muffin - Margarine - Jelly	Western Scrambled Eggs Toast - Margarine - Jelly	Buttermilk Pancakes - Margarine - Syrup Sausage Patty
Lunch:Regular						
Rosemary Pork Loin Lemon Pepper Fish Fillet	Homestyle Meatloaf w/Ketchup Glaze Thyme Chicken Breast	Marinated Chicken Thigh Meatballs w/Gravy	Italian Sausage Smothered Turkey Patty	Lasagna w/Meatsauce Egg Salad Sandwich - Lettuce & Tomato	Breaded Pollock Fish Fillet - Tartar Sauce BBQ Chicken Thigh	Turkey Divan w/Broccoli Cheese Quiche
Sauteed Spinach w/Garlic Capri Vegetable Blend	Honey Roasted Carrots Sauteed Green Beans	Squash Medley Capri Vegetable Blend	Broccoli Florets Buttered Whole Kernel Corn (veg)	Caesar Salad Creamy Cucumber & Onion Salad	Country Vegetable Blend Seasoned Spinach	Seasoned Green Beans Tomato Basil Salad
Scalloped Potatoes Parsley Rice	Duchess Mashed Potatoes Herbed Noodles	Parmesan Noodles Mashed Potatoes	Garlic & Rosemary Roasted Red Skin Potatoes Buttered Noodles	Potato Chips Garlic Breadstick	Au Gratin Potatoes Yellow Rice	Steamed Rice Poppy Seed Dinner Roll
Dinner Roll/Bread - Margarine	Herbed Dinner Roll - Margarine	Butterscotch Pudding Parfait	Parsley Dinner Roll - Margarine	Double Chocolate Brownie	Dinner Roll/Bread - Margarine	Seedless Watermelon Cubes
Pear Crisp	Spiced Apple		Lemon Bar		Sour Cream Orange Cake	
Dinner:Regular						
Chicken Breast Wrap - Lettuce Slice - ranch dressing	Citrus Glazed Turkey - Poultry Gravy	Ham & Swiss Sandwich on Wheat - Lettuce & Tomato - Mayonnaise	Cornflake Crusted Fish Fillet Buttered Cheese Ravioli	Rancher's Chicken Breast Garlic Baked Pork Chop	Hot Dog on a Bun - Baked Beans - Mustard	Cheeseburger on a Bun - Lettuce & Tomato - Ketchup - Pickle Spear
Hamburger Steak w/Grilled Onions - Brown Gravy	BBQ Pork Chop Steamed Broccoli Florets w/Lemon	Tuna Salad Sandwich - Lettuce & Tomato	Baked Tomato Halves Roasted Zucchini	Sugar Snap Peas Capri Vegetable Blend	Confetti Coleslaw Tossed Salad w/Dressing	Baked Chicken Breast on a Bun - Lettuce & Tomato - Mayonnaise
Tossed Salad w/Dressing Whole Kernel Corn (veg)	Country Vegetable Blend Rice Pilaf Baked Sweet Potatoes	Green Pea Salad Marinated Tomato & Onion Salad	Macaroni & Cheese Dinner Roll/Bread - Margarine	Baked Potato - Margarine - Sour Cream	Chilled Pears	Marinated Cucumber & Tomato Salad Sauteed Zucchini
French Fries - Ketchup	Dinner Roll/Bread - Margarine	Potato Chips Macaroni Salad	Chilled Peach Parfait	Egg Noodles Dinner Roll/Bread - Margarine		Tater Tots - Ketchup
Buttered Noodles Dinner Roll/Bread - Margarine	Cherry Cheesecake Bar	Summer Fresh Fruit Cup		Tropical Fruit Salad		Garden Pasta Salad Chocolate Chip Cookie
Vanilla Ice Cream						